

# Active-8

EV Community Newsletter



ISSUE

01

Summer 2008



## Community Spirit

Kajima Community aims to provide local clubs, groups, organisations and communities with multi-use venues where they can develop sport, educational and social activities through wider community participation.

.....Continued page 2

## Socatots scores the winner!



The results of the prestigious What's On 4 Little Ones Awards 2008 have been announced—and Socatots is among the winners.

.....Continued page 3

### This issue:

Page 2 - Community Spirit & Fit-Lab

Page 3 - Socatots & Masterskills

Page 4 - Timetable

### Message from the editor

Welcome to the first edition of the Newsletter. If you believe you have an article or story that would be of interest to our readers please e-mail : [kirston.halliday@kajima.co.uk](mailto:kirston.halliday@kajima.co.uk)

### Bookings and Enquiries

Tel: 0191 260 5336

Fax: 0191 260 5340

E-mail: [bookings@kajima.co.uk](mailto:bookings@kajima.co.uk)

[www.kajimacommunity.co.uk](http://www.kajimacommunity.co.uk)

### Kajima Community

Darlington Education Village

Salter's Lane

Darlington

DL1 2AN



Community facilities available, weekday evenings, weekends and school holidays.

### MONDAY

17.00 - 19.00	Junior Football	Master Skills	07956 914478
18.30 - 19.30	Karate	Sukona Karate Club	07796 102680
18.15 - 19.15	Marital Arts	Kimchungdokwan	07901 650796
19.00 - 21.00	Marital Arts	AIKIDO	07979 560379
19.45 - 20.45	Body Attack	Fit-Lab	07867 798523

### FRIDAY

16.00 - 18.00	Netball	Darlington Junior Netball	07939 265181
17.00 - 19.00	Junior Football	Master Skills	07956 914478
18.00 - 18.45	Step	Fit-Lab	07867 798523
18.00 - 20.00	Swimming Club	Darlington Swimming Club	01325 268779
18.30 - 19.30	Marital Arts	Kimchungdokwan	07901 650796
19.00 - 21.30	Volleyball	Haughton Volleyball Club	07817 306539

### TUESDAY

17.00 - 19.00	Junior Football	Master Skills	07956 914478
18.30 - 19.30	Karate	Sukona Karate Club	07796 102680
18.15 - 19.15	Marital Arts	Kimchungdokwan	07901 650796
19.00 - 21.00	Marital Arts	AIKIDO	07979 560379
19.45 - 20.45	Body Attack	Fit-Lab	07867 798523

### SATURDAY

09.00 - 11.30	Swimming	Swimming	08700 462888
09.30 - 14.30	Swimming	Waterbabies	01642 313003
09.15 - 11.15	Children's Football	SOCATOTS	07980 007381
09.30 - 11.30	Junior Football	Master Skills	07956 914478
09.45 - 12.45	Music	School of Rock and Pop	08452 340195
09.15 - 13.00	Dance	Sonya - Marie Dance Academy	07940 791710
10.00 - 12.00	Marital Arts	Kimchungdokwan	01325 241144

### WEDNESDAY

17.30 - 19.30	Swimming Club	Darlington Swimming Club	01325 268779
18.30 - 20.00	Volleyball	Haughton Volleyball Club	07817 306539
18.30 - 19.30	Body Combat	Fit-Lab	07867 798523
20.00 - 22.00	Senior Badminton	Haughton Badminton Club	01325 251713

### SUNDAY

09.30 - 11.30	Children's Football	SOCATOTS	07980 007381
09.30 - 12.30	Swimming	Swimming	08700 462888
09.30 - 12.30	Marital Arts	AIKIDO	07979 560379
09.30 - 12.30	Swimming	Waterbabies	01642 313003

### THURSDAY

16.00 - 19.30	Swimming	Swimtime	08700 462888
16.30 - 18.30	Gymnastics	Planet Sport Kids Club	07983 538698
17.00 - 19.00	Junior Football	Master Skills	07956 914478
17.30 - 20.15	Music	School of Rock and Pop	08452 340195
18.30 - 19.15	Core & More	Fit-Lab	07867 798523
18.45 - 19.45	Marital Arts	Kimchungdokwan	01325 720428
19.00 - 20.00	Body Attack	Fit-Lab	07867 798523

### HOLIDAY COURSES

For details of school holiday activities or to book call  
0191 2605336 or e-mail: [bookings@kajima.co.uk](mailto:bookings@kajima.co.uk)

## Fit-Lab Timetable

### Monday

Body Attack

6.30pm-7.30pm

Beach Body Workout

7.45pm-8.45pm

### Tuesday

Body Attack

7.45pm-8.45pm

### Wednesday

Body Combat

6.30pm-7.30pm

### Thursday

Core & More

6.30pm-7.15pm

Body Attack

7.00pm-8.00pm

### Friday

Step

6.00pm-6.45pm

## Community Spirit

.....Continued from page 1

Facilities at the Education Village in Darlington include a four court badminton sized sports hall suitable for football, gymnastics, basketball, volleyball, netball, cricket etc. There is also a choice of performance spaces suitable for aerobics, martial arts and dance and various grass pitches suitable for junior and senior use together with a multi-use games area.

There is a swimming pool and hydrotherapy pool with a number of classes already accessible. As well as the sporting facilities, specialist classrooms including ITC, design, art, cookery, multi media are also available together with meeting rooms and a boardroom, these facilities are suitable for adult education, training and extra study groups.



Dave Lewis—Leisure Supervisor  
Darlington Education Village

*"I have worked for Kajima Community as their on-site Leisure Supervisor for almost two years and have seen first-hand the growth in community use here at the Education Village. I thoroughly enjoy the role as it gives me a chance to meet new members of the public and make their visit to the Education Village a totally pleasurable*

## Fit-Lab

Thinking about your health and fitness but are unsure where to begin?

Here at the Education Village in Darlington we have a solution for you. We have teamed up with fitness instructor Lesley Barnes to provide a new range of fitness classes aimed at assisting local people reach their fitness goals.

At the Education Village Lesley provides five specific, inspiring Body Training Systems, which have been developed in New Zealand by the

the world renowned Olympic athlete Les Mills.

- BODY ATTACK
- BODY COMBAT
- BEACH BODY
- WORKOUT
- STEP CLASS
- CORE AND MORE

For more information on Lesley's sessions at the Education Village contact Lesley Barnes on: 07867 798523



# SOCATOTS

.....Continued from page 1



The What's On 4 Little One's Awards 2008 sponsored by pioneering children's food company Organix, is now in its second year and has celebrity TV presenter Alice Beer on board.

The awards aim to celebrate the best pre-school activities across the UK, as voted for by parents.

This year, the awards are bigger than ever, covering 20 different categories ranging from Best Antenatal Class to Best Messy Play Class!

SOCATOTS, with classes here at Darlington Education Village, was named winner of the Best Football Class category.

SOCATOTS is the world's first soccer specific physical play programme for children from six months to five years.

The SOCATOTS sessions feature parental participation, whereby the emphasis remains largely on fun and structured play throughout all ages.

All SOCATOTS equipment is specially designed for children to develop physical skills of agility, balance and coordination. From skittles, hoops and bean bags to balance boards and balls specially designed by Mitre. Each activity is intended to improve motor skills and more importantly designed to be fun.

To find out more please contact Jaime Hume at Socatots on: 07980 007381

## Master Skills football academy

Master Skills was formed 11 years ago by former Manchester United and England Youth International Paul Bielby and is enjoying continued success based here at the Education Village.

*"We coach over 250 youngsters each week from five years old to fourteen years old. We have a great time improving our football*

*style and techniques, and all players are rewarded for their ability, enthusiasm and commitment!" - Paul Bielby*

If any youngsters would like to join the football academy contact Paul Bielby on: 07795 6914478



For further details of our great facilities please contact our booking office on 0191 2605336 or visit our website [www.kajimacommunity.co.uk](http://www.kajimacommunity.co.uk)

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