



ACTIVE-8



WORKING TOWARDS AN ACTIVE COMMUNITY

### Bookings and Enquiries

We are always looking for new groups and classes to join us here at the Education Village.

Most of our activities take place during the evenings and weekends and in the daytime during school holidays.

We are not just here to hire out rooms, we can help you start your own class, advise you on marketing strategies and even funding opportunities.

Once you have made your booking, we can help promote your sessions through the different promotional mediums that we use.

Tel: 0191 260 5336

## WHAT AN EXPERIENCE...

What do you want to be when you grow up? Have you an answer at the ready, or do you need a few minutes to think about it?



Here at Kajima Community have teamed up with Durham Education Business Partnership (DEBP) to provide local students with work experience placements and apprenticeships at the Education Village.

Students join our leisure team as Leisure Attendants to assist with the day-to-day operation of the busy community activities.

Working in our unique customer focussed environment and working as part of a team. Ensuring customers have an enjoyable and safe visit provides the students with valuable opportunities to gain key skills which are an essential ingredient for their career development.

“Providing local students with the opportunity to gain work experience is an excellent opportunity for Kajima Community to invest in the local community.” Ben Smith - Kajima



Bryan Sewell - The 1st Work Experience student at the EV

Community Manager.

Tina Wallace – DEBP Work Experience Officer said “Kajima Community is playing a vital role in developing students today for the workforce tomorrow”.

If you would like more information on DEBP please contact: Tina Wallace at Durham Education Business Partnership, Work Experience Team, The Work Place, Heighington Lane, Aycliffe Industrial Estate, Newton Aycliffe County Durham DL5 6AH. Tel: 01325 375 959

The Education Village



### Bookings & Enquiries

Tel: 0191 260 5336

Fax: 0191 260 5340

E-mail: [darlington@kajima.co.uk](mailto:darlington@kajima.co.uk)

### Kajima Community

North East Office, Sutherland House

5-7 The Friars

Newcastle upon Tyne, NE1 5XE

# ALL PUMPED UP!

Our **BODY PUMP** fitness instructor **Lesley Barnes** took on a **200-mile coast to coast and back again bike challenge** to raise money for **St Teresa's hospice**.

Lesley started pedaling on Friday 14th August and hoped to finish on the 16th August which would have been Anne's (Lesley's Mum) 62nd birthday. Amazingly Lesley completed the extreme journey a day early!

"I lost my mum to cancer in September last year. Before she passed away, I promised her I would do something big to raise money for St Teresa's as she loved going there

I also made a promise to myself to undertake the challenge before the 1st year anniversary of her passing away".



Lesley's tough training regime included cycling thousands of miles in hail, sleet, ice, flash-floods and thunderstorms.

"And that was just June!" she said.

Lesley utilised all her strength and stamina which she has in abundance as she owns FIT-LAB and instructs over 10 specialist fitness classes at the Education Village. Please see the timetable on the back page for details.

Lesley would like to thank everyone who sponsored her. The total raised for St. Teresa's Hospice was a staggering **£1212.87!**



## BELT UP..

FOUR Kim Chung Do Taekwondo students who train at the Education Village have been rewarded for years of hard work and dedication to their art by gaining their mystical black belts.

Jack Saville, 14 and Tom Gardiner, 10, were recently awarded their 1st Dan black belts. Their instructor, Katey Wallace, 5th Dan, said "the pair have done extremely well and really deserved their achievement."

Viktoras Kostinas, 26, who also instructs at the Education Village, and Zach Newnham, 15, were also promoted to 2nd Dan black belt, which takes a further two years of training to achieve.



All four train with instructors Master Ron Brennan, 6th Dan, and Katey Wallace, 5th Dan. Master Brennan said: "The standard across the country was very high but our students were noticed and set the level for the rest. They have worked extremely hard for this."



For anyone interested in learning Taekwondo please contact Katey Wallace on 07901 650 796 or visit [www.kimchungdo.com](http://www.kimchungdo.com) for more details. Lessons take place at the Education Village Monday, Tuesday, Wednesday and Friday evenings and also Saturday mornings.

## ROSEMARY CONLEY DIET & FITNESS CLUB

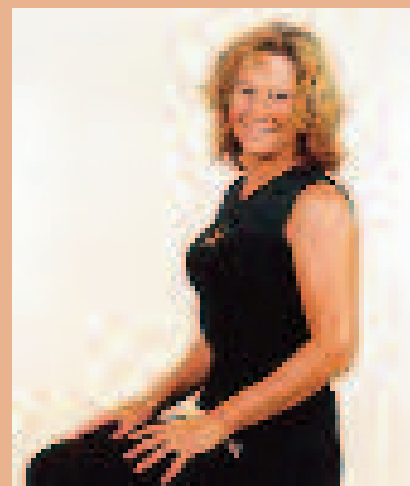
Loraine Pickering has been running Rosemary Conley Diet and Fitness Club since 2003 and has recently started a new Wednesday evening session at the Education Village.

Loraine would like to help you become slimmer, trimmer, fitter and healthier.

"I am committed and passionate about helping you to lose weight as well as become fitter and healthier. I will do everything I can to support YOU in achieving YOUR goals!"



If you are interested in joining the class quote 'Kajima Community' and Loraine will provide you with the membership for FREE, that's a saving of £10.00 per new member. Also anyone interested in the Salsa class can have the first two sessions reduced to £2.50 per class.



# COULD YOUR CHILD BE THE NEXT FI CHAMPION?

## Go - Kart Party has arrived at the Education Village

Why not let Go – Kart Party go the extra lap for you!



One of the UK's newest and most exciting children's entertainment activities, Go Kart Parties are available at the Education Village for children aged four to nine.



The karts are battery powered, completely safe and travel between 1-6mph, with their light and accurate steering children find them very easy to control – for most it's their first real driving experience.

The inflatable mini grand prix circuit really makes for a racing feel, from the moment kids see the brightly coloured karts they want to get in.

Each party is fully supervised, structured, with all children involved.

For further details call Kajima Community on 0191 260 5336 or visit [www.gokartparty-teessideanddurham.co.uk](http://www.gokartparty-teessideanddurham.co.uk)

## GOING GREEN - THE LAST PAPER INVOICE

We hope that you had a good summer and enjoyed what little sun we had!

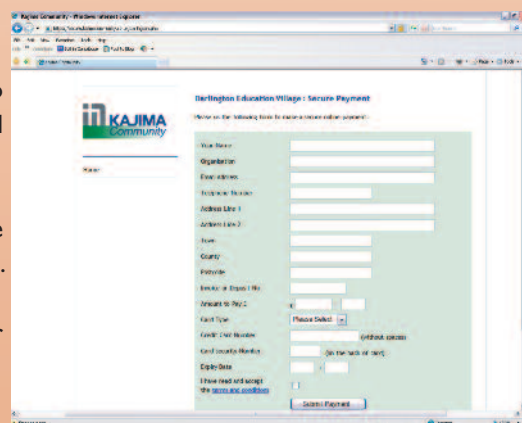
Over the summer school holiday period Kajima Community continued to look for ways to improve our service, and as part of this process we made a number of changes to our invoice and payment procedures.



In line with these changes we no longer produce paper invoices, all invoices are now sent out via email.

Also on the 11th September we launched our exciting e-payment system.

Customers can make an online payment at [www.kajimacommunity.co.uk/darlington](http://www.kajimacommunity.co.uk/darlington) by clicking 'make a payment' which can be found at the bottom of the list on the left hand side.



## Administration Assistant for Community and Extended Use

Rachael joined Kajima Community in April this year. Her primary role is to co-ordinate the community use activities at the Education Village. Her skills include an ability to organise the many different user groups and problem solving.

Other key responsibilities include

- Providing administration support to our North East Manager for Community and Extended Use
- Marketing onsite activities and promoting our services to the local community.
- Managing customer payments

Rachael is also a Sergeant in the Northumbria Army Cadet Force, which keeps her just as busy as we do.....

## RACHAEL PENN



### Want to Play Table Tennis?

Table Tennis tables are now available to hire from £8.00 per hour during the evenings and weekends.

Call 0191 260 5336

### Looking for a music practice room for your band?

Practice rooms and musical equipment available for hire from £8.50 per hour during the evenings and weekends

Call 0191 260 5336

DAY	TIME	ACTIVITY	CLUB/ORGANISATION	CONTACT
<b>Monday</b>	17:00-19:00	Junior Football	Master Skills Sporting Academy	07956 914478
	17:30-19:30	Swimming Club	Darlington Amateur Swimming Club	01325 268779
	18:30-19:30	Body Attack	FitLab	07867 798523
	18:45-19:45	Martial Arts	Kimchungdokwan	07708 226035
	19:30-20:30	Body Pump	FitLab	07867 798523
<b>Tuesday</b>	17:00-19:00	Junior Football	Master Skills Sporting Academy	07956 914478
	18:15-20:00	Martial Arts	Kimchungdokwan	07901 650796
	18:30-19:30	Swimming Club	Cluster	01325 254000
	18:30-19:30	Martial Arts	Sukona Karate Club	0779 6102680
	18:30-19:30	Body Pump	FitLab	07867 798523
	18:30-19:30	Senior Netball	Darlington Netball Club	07976 940202
	18:30-20:30	Youth Club	Darlington Youth Service	07872 934372
	19:00-21:00	Martial Arts	AIKIDO	07979 560 379
	19:30-20:30	Canoeing	Tees Tigers Canoe club	07887 557123
19:30-20:30	Body Attack	FitLab	07867 798523	
<b>Wednesday</b>	18:00-20:00	Swimming Club	Darlington Amateur Swimming Club	01325 268779
	18:30-19:30	Body Combat	FitLab	07867 798523
	18:30-20:00	Volleyball	Haughton Volleyball Club	07748 634534
	18:30-20:00	Slimming Class	Rosemary Conley health and Fitness	07588 662621
	20:00-21:00	Salsa and slim class	Rosemary Conley Salsa class	07588 662621
	18:45-19:45	Martial Arts	Kimchungdokwan	07875 152741
	19:30-20:30	Pilates	FitLab	07867 798523
	20:00-22:00	Badminton	Haughton Community Badminton Club	03125 464966
<b>Thursday</b>	16:00-19:30	Children's Swimming Club	Swimtime	0191 5016261
	17:00-19:00	Junior Football	Master Skills Sporting Academy	07956 914478
	18:30-19:30	Body Attack	FitLab	07867 798523
	19:00-21:00	Kendo Marshall Arts	British Kendo Association	07887 756488
	19:30-20:30	Body Pump	FitLab	07867 798523
<b>Friday</b>	15:30-16:30	Babies Swimming Club	Water Babies	01642 313003
	16:30-18:30	Trampoline	Trampoline Club	07825 381601
	17:00-19:00	Junior Football	Master Skills Sporting Academy	07956 914478
	18:00-19:00	Body Combat	FitLab	07867 798523
	18:30-19:30	Martial Arts	Kimchungdokwan	07901 650796
	18:00-20:00	Swimming Club	Darlington Amateur Swimming Club	01325 268779
	19:00-21:15	Volleyball Club	Haughton Volleyball Club	07748 634534
<b>Saturday</b>	09:00-10:30	Martial Arts	Kimchungdokwan	077 11615972
	09:00-11:00	Children's Football	SOCATOTS	079800 07381
	09:00-11:00	Children's Swimming Club	Swimtime	0191 5016261
	09:15-11:15	Children's Football	SOCATOTS	079800 07381
	09:15-11:15	Babies Swimming Club	Water Babies	01642 313003
	09:30-11:30	Junior Football	Master Skills Sporting Academy	07956 914478
	10:30-11:15	Express Attack	FitLab	07867 798523
	11:30-12:30	Children's Swimming Club	Swimtime	0191 5016261
	12:35-15:05	Babies Swimming Club	Water Babies	01642 313003
<b>Sunday</b>	09:00-11:00	Children's Football	SOCATOTS	079800 07381
	09:30-13:30	Babies Swimming Club	Water Babies	01642 313003
	09:30-12:30	Children's Swimming Club	Swimtime	0191 5016261
	10:30-12:30	Martial Arts	AIKIDO	07979 560 379
	14:45-16:00	Martial Arts	Sukona Karate Club	0779 6102680

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